BCM पत्रिका A Fortnightly Newspaper पाक्षिक समाचार पत्र (VOL.16)



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Know what sparks the light in you so that you, in your own way, can illuminate the world.





Let your body take care of you!

TEAR FREE SESSIONS AT KINDERGARTEN







ਕਣਕਾਂ ਦੀ ਮੁੱਕ ਗਈ ਰਾਖੀ, ਓ ਜੱਟਾ ਆਈ ਵਿਸਾਖੀ .

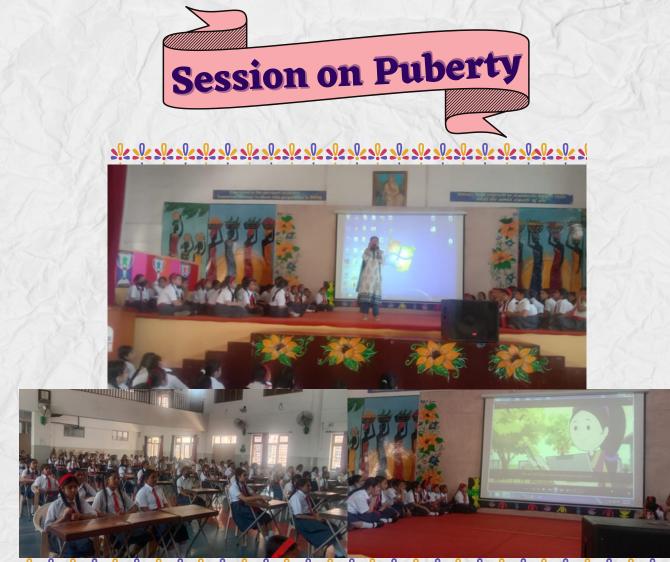






Pets are man's best friends





Orienting the girls on good menstrual hygienic practices





Leave your stress and nervousness behind and get ready to set those butterflies in your stomach free!!







"Today is the perfect opportunity to start building the tomorrow you really want."



BCM School provided opportunity to the students to visit the Innovation on wheelsan exhibition by CT University, where various models were on display. The aim of this visit was to inculcate creativity, problem solving, decision making and critical thinking among students. The eagerness and expressive emotions of the students, with anticipation brimming were the testimony of the wonderful experience they had. This occasion added great impetus to the opportunities provided by the school to young students.

ਬੀਸੀਐਮ ਸਕਲ ਨੇ ਵਿਦਿਆਰਥੀਆਂ ਨੰ 'Innovation on wheels' ਦੇਖਣ ਦਾ ਮੌਕਾ ਪਦਾਨ ਕੀਤਾ - ਸੀਟੀ ਯਨੀਵਰਸਿਟੀ ਦੁਆਰਾ ਇਕ ਪ੍ਰਦਰਸ਼ਨੀ, ਜਿੱਥੇ ਵੱਖ -ਵੱਖ ਮਾਡਲ ਪਦਰਸ਼ਿਤ ਕੀਤੇ ਗਏ ਸਨ। ਇਸ ਦਾ ਵਿਦਿਆਰਥੀਆਂ ਵਿੱਚ ੳਦੇਸ਼ ਸਿਰਜਣਾਤਮਕਤਾ, ਸਮੱਸਿਆ ਨੰ ਹੱਲ ਕਰਨਾ, ਫ਼ੈਸਲੇ ਲੈਣ ਅਤੇ ਆਲੋਚਨਾਤਮਕ ਸੋਚ ਪੈਦਾ ਕਰਨਾ ਸੀ ।ਵਿਦਿਆਰਥੀਆਂ ਦੀ ਉਤਸੁਕਤਾ ਅਤੇ ਪ੍ਰਗਟਾਵੇ ਵਾਲੀਆਂ ਭਾਵਨਾਵਾਂ, ਉਮੀਦਾਂ ਨਾਲ ਭਰੀਆਂ ਹੋਈਆਂ ਉਨ੍ਹਾਂ ਦੇ ਸ਼ਾਨਦਾਰ ਅਨੁਭਵ ਦਾ ਪ੍ਰਮਾਣ ਸਨ। ਇਸ ਖੋਜ ਨੇ ਸਕੂਲ ਵੱਲੋਂ ਨੌਜਵਾਨ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਮੌਕੇ ਪ੍ਰਦਾਨ ਕਰਕੇ ਹੋਰ ੳਤਸ਼ਾਹਤ ਕੀਤਾ ।

बी.सी.एम स्कूल ने छात्रों को इनोवेशन ऑन व्हील्स- सीटी यूनिवर्सिटी की एक प्रदर्शनी देखने का अवसर प्रदान किया, जहाँ विभिन्न मॉडल प्रदर्शित किए गए। इसका उद्देश्य छात्रों में रचनात्मकता, समस्या समाधान, निर्णय लेने और आलोचनात्मक सोच को विकसित करना था। छात्रों की उत्सुकता, आशाओं और उनकी अभिव्यंजक भावनाओं ने उनके अद्भुत अनुभव का प्रमाण दिया। इस प्रदर्शनी ने स्कूल द्वारा युवा छात्रों के लिए प्रदान किए गए अवसर को खूब बढ़ावा दिया।



TEACHERS' CORNER

Motivation

"Success is not final, failure is not fatal; it is the intrinsic motivation and courage to continue, that counts."

As you grow up, your responsibilities will keep increasing. You need to find a balance and ensure you fulfill responsibilities while also ensuring that you are following your dream. How do you strike this balance?

Here are some milestones towards Motivation.

1. Set a goal and visualise it down to the most minute detail.

- 2. Make a list of reasons why you want to accomplish that goal.
- 3. Break down the goal into smaller pieces, set intermediary targets and rewards.
- 4. Have a strategy, but be prepared to change the course.
- 5. Get the help you need.
- 6. Pre- determine how you will deal with flagging motivation.
- 7. Continually collect your reasons for carrying on.

Motivation is the power that activates the engine of success and moves you towards accomplishments.

Maintaining a constant state of motivation is a tough challenge for most of the people. To do so, let's start achieving the above given milestones and let's succeed in life.. In the last, I would like to say,

"Our greatest glory is not in never falling, but in rising every time we fall."

Ms. Jaskiran Kaur (PGT Economics)

ACCOLADES

- Ms. Rachel Bhatti received Institution Category Builder Award by CT University.
- Ms. Charanjeet Kalra got Innovator Teacher Award by CT University.







PARENTS' CORNER

The Role of Youth in National Development.

The future of a nation depends on its youth. They can play a very constructive role in the progress, uplift and development of a nation. The role of youth has become more important today as the modem era is becoming fast-paced, complex and complicated. The advent of computers and modem technology has brought a revolution in the field of information. Modem educated youth can help in national development by attending to the ills and shortcomings in various sectors. They can help the villagers shed their shackles of ignorance, illiteracy and superstition by acquainting them with true facts. New scientific techniques can help in raising the yield of crops. The problem of unemployment or underemployment can be overcome by establishing small scale industries. They can guide the rural youth about cheap raw material and profitable disposal of finished products. The youth can help in checking population growth by adopting family planning and presenting living examples to others. They can play a vital role in making India a great democratic, progressive and prosperous country steeped in old cultural values but equipped with modern scientific outlook. Last but not the least, they can play a vital role in transforming the moral fabric of society by curbing the vices of selfishness and greed and imbibing the spirit of self-sacrifice, sympathy and mutual confidence.

Ms. Renu Grover M/o Falak (XII Arts A)



STUDENTS' CORNER

METAMORPHOSIS

When we were born, We knew nothing Not even aware of our identity. Life was like an unpainted canvas, Which we often filled with our imagination and curiosity. Life seemed to be a bed of roses during the early years, As we were able to get everything just by showing our eyes full of tears. But then with the passage of time , We started facing a new life, And realized that to gain something we need to have a strife. Though difficult but not impossible; With the virtues of hope and courage , Even impossible can be made possible. Falak XII Arts A

STUDENTS' ACHIEVEMENT

"Success is the sum of small efforts being repeated day in and day out."

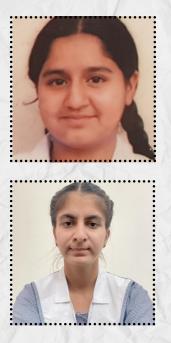


Kiratpreet Kaur of class III Rose participated in an Online Ted4me Dance Competition and bagged I position.

किरतप्रीत कौर (III ROSE) ने Online Ted4me Dance Competition में प्रथम स्थान प्राप्त किया।

ਕਿਰਤਪ੍ਰੀਤ ਕੌਰ (III Rose) ਨੇ Online Ted4me Dance Competition ਵਿੱਚ ਭਾਗ ਲਿਆ ਅਤੇ ਪਹਿਲਾ ਸਥਾਨ ਪ੍ਰਾਪਤ ਕੀਤਾ।





Our students Savleen Kaur (XII- COM. A) and Gurleen Kaur Panjeta (XII-COM. C) bagged III position in EVENT-YOUNG ENTREPRENEURS in GNE'S APEX-2022

सवलीन कौर (XII- COM. A) और गुरलीन कौर पंजेता (XII-COM. C) ने GNE'S APEX-2022 में EVENT- YOUNG ENTREPRENEURS में भाग लिया और तीसरा स्थान प्राप्त किया।

ਸਵਲੀਨ ਕੌਰ (XII COM. A) ਅਤੇ ਗੁਰਲੀਨ ਕੌਰ ਪੰਜੇਟਾ (XII-COM-C) ਨੇ GNE'S APEX-2022 EVENT- YOUNG ENTREPRENEURS ਵਿੱਚ ਭਾਗ ਲਿਆ ਅਤੇ ਤੀਜਾ ਸਥਾਨ ਪ੍ਰਾਪਤ ਕੀਤਾ।

An Inter-house quiz competition was organized for class XII on the 'Life of Dr. BR Ambedkar' and the facts of 'Baisakhi Festival'. Winners of this competition were as follow:



Student Name	House	Position
Aaryan Mishra, Akshat & Piyush Narang	Pukhraj	I
Palak Narang, Suhani & Ekam	Gulmohar	II
Harsimar, Gunmeet & Savleen	Kohinoor	III



* HAPPY BIRTHDAY

Marigold-Tulip-Aster-Daisy-Lily-VII- Rose-

VI-Jasmine-

Diya

Aarav

Kanika

Dharya

Ishant

Ananya

Divjot

Jimit

Srishti

Tanishq

Jaskirat

Sonam

Aaradhya

Abhayveer

Marigold-Daisy-

Lily-VIII-Rose-Jasmine-

Marigold-

Tulip-

Daisy-

Lily-

Deepika Krish Aakash Divyanshu Pragati Jaiditya Ansh Bhav Mannan Akshara **Hunarpreet Kaur** Sukhmandeep **Taranjeet Kaur** Eric Hamraj Soham Pankaj **Shanvir Singh**

IX Rose-Jasmine-

> Lily-X Rose-

Jasmine-Marigold-

Tulip-

Daisy-

Lily-Daffodil-

XII Com. B-XII Arts B- Gauravpreet Aarushi Kanishka Mukul Aadi Samarveer Samrat Sourav Prachi Rashamdeep Prem Parth Harshita Iaanvi Jiya Rashi **Kushaldeep** Loveleen Paras Gurleen Manjot Armaan Komalpreet Sitansh











PAU A LEARNING HUB IN LUDHIANA

Punjab Agricultural University came into existence in the year 1962. It is the nation's thirdoldest agricultural university and offering education through four of its constituent colleges namely College of Basic Sciences & Humanities, College of Home Science, College of Agricultural Engineering and College of Agriculture and the list of courses offered by the university through these constitute colleges is given below:

College of Basic Sciences & Humanities:

• Certificate Course in French (one year)

• Diploma Course in -o Agricultural Journalism (one year),o Herbal and Aromatic plants (one year)

• M.Sc in Botany, Zoology, Chemistry, Biochemistry, Microbiology, Business management, Agricultural Journalism, Agricultural Economics and Sociology, Master of Business Administration, Master of Journalism & Mass Communication MJMC

College of Home Science:

• Diploma Courses: One-year Diploma course in Fashion Designing, Interior Decoration, Food Preservation and Baking, Management of Creche and Nursery School.

Under Graduate Courses : B.Sc (Hons) Home Science (4-year programme), B.Sc (Hons) Home Science (6-year programme), B.Sc (Hons) Fashion Designing (3-year programme)
Certificate Courses: One-year Certificate Course in Home Science and Selected Agricultural Practices, Three-months Certificate Course in Souvenirs and Handicrafts, Child Care.
College of Agricultural Engineering

• B.Tech. Agriculture. Engg. 4-year, B.Tech. Mech. Engg. 4-year

• M. Tech. Civil Engineering (Hydrology & Water Resources Engineering/ Structural Engineering),Computer Science & Engineering, Farm Machinery & Power Engineering, Mechanical Engineering (Thermal Engg.),Processing & Food Engineering, Remote Sensing & Geographic Information System, Soil & Water Engineering.

School of Information Technology:

• Master of Computer Applications,• Online Post Graduate Diploma in Computer Applications,

School Of Energy Studies For Agriculture:

• B. Tech in Farm Machinery & Power Engineering, Soil & Water Engineering, Processing & Food Engineering, Mechanical Engineering, Computer Sc. & Electrical Engg, Civil Engineering.

College of Agriculture:

• Bachelor of Science (Agri) Hons. - 4 years programme

• M.Sc in o Agronomy, o Agro-meteorology, Extension Education, o Entomology, Food Science & technology - Food Technology, Horticulture – Pomology, Floriculture & Landscaping, Plant Breeding & Genetics, Plant Pathology, Soil Science, Vegetable Crops, Forestry.

Ms. Charanjeet Kalra (School Counselor)





ROUND THE WORLD

NEOM -Tourism and living redefined to new heights!

NEOM is the name of a planned city in northwestern Saudi Arabia. It's a smart city and a tourist attraction. As per the officials, this is an attempt to do something that has never been done before. The people who dream big and want to help make the world more environmentally friendly can live and work at NEOM.

The name "Neom" is made up of two words: the Latin prefix "Neo" means "New," and the abbreviation of the Arabic word "Mostaqbal" (Future) is "Neom," which means the New Future.

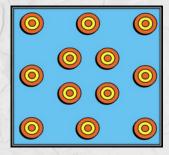
NEOM houses three regions. Trojena is an iconic, world-class place that merges natural and manmade landscapes. Oxagon, an industrial city aims to give a new life to manufacturing. And "The Line", is a 170 km belt of hyper-connected future communities built around nature without cars and roads. It is a direct response to some of the most important problems facing humanity today, like pollution, traffic, and human congestion.



- No word in the dictionary rhyme with the word orange.
- Tomatoes and avocados are actually fruits, not vegetables.
- The opposite sides of the dice always add up to seven.
- Bees are found everywhere in the world apart from Antarctica.
- Every step you take uses 200 different muscles in the body.

MIND BOGGLER

Let's' think out of the box : 12 coins are present in this bound. Divide the bound into 4 equal parts. All the parts should be equal in size and shape. However each part should consist three coins. How would you do this?



Ans. Key Vol. 15

- 1.The letter C
- 2. The letter W
- 3. An egg
- 4. In a Dictionary
- 5. A sponge